



The Azalea City News

Newsletter of GFWC Azalea City Woman's Club

Member of the General Federation of Woman's Clubs (GFWC)

A Note From The President

I hope everyone had a safe and wonderful New Year! In January, we review all our projects and programs from the past year. This time of reflection gives us a view of our impact on our local community.

2024 Community Impact:

Total Number of Projects = 71

Hours = 6154.50

\$ Donated = \$3916.47

\$ In-Kind = \$ 1442.55

In 2025, we will continue to have impactful programs to serve our community.

Justin Jacobs
President

Happy
New Year



2024 - 2026 Executive Officers

President

Justin Jacobs

First Vice President

Nancy Nahila

Second Vice President

Charlie Oliver

Treasurer

Janice Blanchard

Parliamentarian

Avernell Rogers

Recording Secretary

Lisa Spells

Corresponding Secretary

Annie Roberts

The General Federation of Women's Clubs is a unifying force, bringing together local women's clubs, with members dedicated to strengthening their communities and enhance the lives of others through volunteer service.

With more than 60,000 members in affiliated clubs in every state and more than 20 countries, GFWC members are community leaders who work locally to create global change by advocating for women, children and families on issues such as domestic violence and sexual assault, food insecurity/hunger, and promoting healthy lifestyles. GFWC also supports the arts, works to preserve natural resources, advances education, encourages civic involvement, and works toward world peace and understanding.

For more information, please visit www.GFWC.org or call 1-800-443-GFWC (4392).



CONTACT US

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Website: <https://azaleacitywomansclub.org/>

Visit our Facebook Page:

@azaleacitywomansclub



Visit our website



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OF WOMEN'S CLUBS
GEORGIA

2024 - 2026 Community Service Program Chairs

Art & Culture

Debbie Altobello

Civic Engagement & Outreach

Jeanette Coody

Education & Libraries

*Nancy Nahila / Collette
Cormier*

Environment

Justin Jacobs

Health & Wellness

*Charlie Oliver / Lynn
Taylor*



Arts & Culture



International Creativity Month is celebrated every January. This month is celebrated to inspire people to leave their comfort zones and start being innovative in their daily lives. A fresh start in the new year can go a long way in building a successful and happy future. Here are some ideas to help you get creative in this new year!

- Learn to play an instrument.
- Learn the art of Calligraphy.
- Learn origami.
- Adult Coloring
- Painting on canvas.
- Start Journaling.
- Creative Writing.
- Take a cooking class.
- Learn to knit or crochet.
- Start taking dancing classes.



Creativity can have many benefits, including improved mental health, physical health, and problem-solving skills.

- Creative activities improve mood and reduce feelings of stress and loneliness.
- It can help you connect with your passions and learn more about yourself.
- It helps you develop confidence and recognize your talents and strengths.
- Activities like music and singing therapy can help reduce inflammation and boost the immune system.



Civic Engagement & Outreach

Our club collected and donated jackets, blankets, socks, and cold-weather clothing to LAMP and Quola to help combat the cold winter weather here in the Valdosta – Lowndes area. LAMP (Lowndes Associated Ministries to People Inc) and Quola (Quality of Life Association) provide services to help those without a home and programs to help with employment and housing.

<https://www.lampinc.org/>

<https://www.facebook.com/quola.valdosta>





<https://www.mentoring.org/mentoring-impact/>

Education & Libraries



National Mentoring Month acknowledges the positive impact that mentors have on individuals' lives. According to Mentor.org, "the purpose of mentoring guarantees that young people always have someone around who not only cares about them, but assures them they are not alone in dealing with day-to-day challenges."

If you are interested in becoming a mentor, start by identifying your interests and needs. Then, consider the time commitment and age group for which you would like to mentor. Mentoring programs are available at schools, universities, businesses, and libraries.

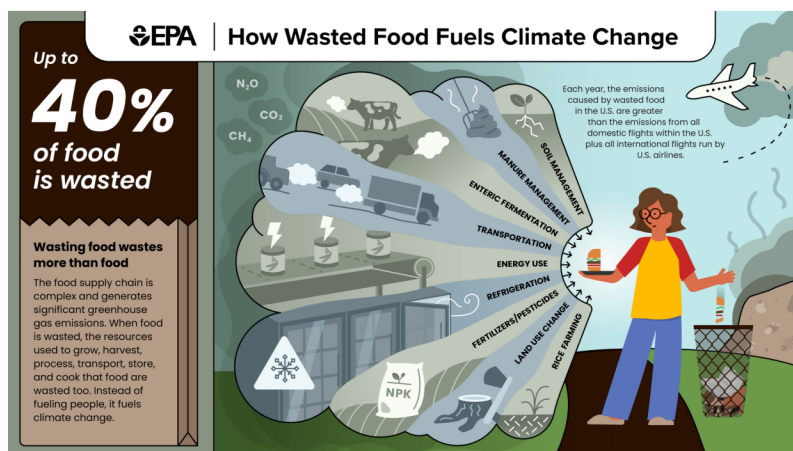


Environment

Ways to Prevent Wasted Food at Home

According to the EPA, one-third of all food in the United States goes uneaten. Preventing food from going to waste is one of the easiest and most powerful actions you can take to save money and lower your climate change footprint by reducing greenhouse gas emissions and conserving natural resources. Here are some ways to help with food waste.

- Meal planning - check to see what has already been purchased and what is needed from the store.
- Eat or freeze the leftovers.
- Properly store fruits and vegetables
- understand data labels and use your senses to determine if food has spoiled.



<https://www.epa.gov/recycle/preventing-wasted-food-home#ways>

Health & Wellness



January is National Blood Donor Month. Blood is needed for persons in need of transfusions, surgeries, cancer treatments, anemia patients, and childbirth. A blood donation takes about an hour to complete and can save as many as three people with each blood and platelet donation. Blood is in short supply, so please consider donating!

Someone requires blood every two seconds.

What is GFWC?



GFWC
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**GENERAL FEDERATION
OF WOMEN'S CLUBS**

The General Federation of Women's Clubs is an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

GFWC club members are the heart of not only the Federation, but the communities in which they live and work. By Living the Volunteer Spirit, GFWC members transform lives each day, not simply with monetary donations, but with hands-on tangible projects that provide immediate impact. With a grassroots approach that often thinks locally but impacts globally, GFWC, its clubs and members remain committed to serving as a force for global good, as it has done since its formation.

With more than 60,000 members in affiliated clubs in all 50 states, the District of Columbia, and more than a dozen countries, GFWC members work in their communities to support the arts, preserve natural resources, advance education, promote healthy lifestyles, and encourage civic involvement.

Member Benefits

- Develop leadership skills
- Build friendships and your professional network
- Influence your elected officials to effect positive change
- Access to members around the world
- Connecting with volunteer-motivated members
- Satisfaction, in knowing your time spent helping others makes an immediate positive impact



Clubs Members In Pictures

2025 - Pictures taken by members of the snowy weather in Valdosta





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**GENERAL FEDERATION
OF WOMEN'S CLUBS**

2025 GFWC Georgia State Convention

GFWC Georgia Members come to "Changes in Latitude - Changes in Attitude" Weekend at the 2025 GFWC Georgia 129th Annual Convention. Join us at Legacy Lodge, Lake Lanier Islands, Buford, GA Don't forget to make your hotel reservations too!

GEORGIA



Use QR Code to go to registration page.



GFWC
ANNUAL CONVENTION
Atlanta
2025

GFWC Annual Convention in Atlanta June 6 - 9 2025 at the Omni in Downtown Atlanta. Registration is already open!

Conference Details: <https://www.gfwc.org/annual-convention/>

To Register: <https://www.eventsquid.com/event.cfm?id=25737>

January Events

- Jan. 1 - New Year's Day
- Jan. 18 Club Reporting Workshop at the Southern Georgia Regional Commission starting at 1 pm.
- Jan. 24 - Reporting workshop 6 pm
- Jan. 25 - Reporting due by 11:59 pm

JANUARY							2025
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

February Events

FEBRUARY 2025

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28		

- Feb. 8 - SWD Executive Board Meeting in Tifton
- Feb. 17 - Club Dinner at Coyoacan, 6:30 pm.
- Feb. 14 - Valentine's Day
- Feb. 13 - 16, 20 - 22: The play, The Crucible, at the 'Dosta Theatre.
- Feb. 21 - Georgia Arbor Day
- Feb. 22 - Tree Giveaway with the Valdosta Tree Commission